

Letters from the Future: Session Plan

Session dates:

Venues:

Equipment: Ask attendees to bring laptops or something to write with. Session facilitator to also bring pens and paper.

Timing	Content	Notes
15 min	Welcomes and introductions Aims of the session: • To inspire action • The evaluative survey – capture results for comparison afterwards. Ingredients for success today. Any questions?	Give people chance to get settled. Outline the session and give time to introduce each other on tables. Carry out the evaluative survey – QR code: 3 simple questions – scale of 1-5, how much do we know? How hopeful do we feel? How open to are we to action? Set the tone of the day – fun, inquisitive, creative, calm, empowered.
20 min	Climate science and pathways. Discussion element – what needs to change? Who can do it? How does that affect us? What are the most important steps we can take (collectively)?	
25 min	Time travel and long-term thinking – powering up the imagination... Why imagination is so important. What if things turned out ok? (Sit with this for a few mins) The Time Travel activity	

10 min	Break	Refreshments
5 min	Writing our letters Who are you in 2050? How old are you? What is your life like? What is life like in 2050? Everyday routines? What has changed? What is the same? What do you wish we knew / did now? Who are you writing for/to? – Yourself? Everyone? Targeted person/role? What were the key milestones or actions that got us there in 2050?	Introduce the prompts / framework. We want people to create a positive vision of the future.
35 min	Get writing!	Quiet time to think and write our letters. Engage with the props / books / prompts.
5 min	Regroup Come back as a group and write one sentence from your letter on post-it note. Add these to a sheet on the wall. If time, invite people to feedback to the group about their letter. How did they find the exercise?	
5 min	Leavers survey Conduct second survey	Repeat questions to measure change.